

Thermalization and 2nd law in closed quantum systems

Jaegon Um (SNU)

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Outline

classical energy shell $[E, E + \delta E]$ thermal eq: $p = \frac{1}{\mathcal{N}(E)}$
quantum “pure state” $\hat{\rho}^\psi = |\psi\rangle\langle\psi|$ & unitary evolution

Macroscopic thermal
macro observable

$$\langle\psi|\hat{M}|\psi\rangle \approx m_{\text{eq}}$$

overwhelming majority
typicality $|\psi\rangle \in \mathbb{S}(\mathcal{H})$

eigenstate thermal. hypo.

$$\langle n|\hat{M}|n\rangle \approx m_{\text{eq}}$$

$$\hat{H}|n\rangle = E_n|n\rangle$$

Microscopic thermal
density operator

$$\text{subsystem } \hat{\rho}_s^\psi = \text{tr}_B \hat{\rho}^\psi$$

$$\text{thermal } \hat{\rho}_s^\psi \approx \text{tr}_B \hat{\rho}^{\text{mc}}$$

$$\hat{\rho}^{\text{mc}} = d(\mathcal{H})^{-1} \hat{P}_{\mathcal{H}}$$

canonical typicality $|\psi\rangle \in \mathbb{S}(\mathcal{H})$

eigenstate thermal. hypo.

$$\hat{\rho}_s^n \approx \hat{\rho}_s^{\text{mc}}$$

von Neumann entropy

Classical thermalization

energy shell $[E, E + \delta E]$

phase space



integrable

phase space



non-integrable

thermalize with $p = \frac{1}{\mathcal{N}(E)}$

Quantum system

Hilbert space

$$\mathcal{H} = \mathcal{H}_S \otimes \mathcal{H}_B$$

small huge

Hamiltonian

$$\hat{H} = \hat{H}_S + \hat{H}_B + \hat{H}_I$$

non-integrable

no degeneracy assumed

restricted Hilbert space

$$\mathcal{H}_R \subset \mathcal{H} \quad \text{spanning } |n\rangle ; E_n \in [E, E + \delta E]$$

$$\hat{H}|n\rangle = E_n|n\rangle$$

pure state $|\psi\rangle \in \mathbb{S}(\mathcal{H}_R)$

$$|\psi\rangle = \sum_n c_n |n\rangle \quad |\psi_t\rangle = \sum_n c_n(0) e^{-iE_n t} |n\rangle$$



Equilibrium Hilbert space

von Neumann (1929)

Macroscopic observable on subsystem

\hat{M} energy defined on \mathcal{H}_R
magnetization
number density



spectral decomposition

$$\hat{M} = \sum_{\alpha} m_{\alpha} |\alpha\rangle\langle\alpha| \quad \text{rounding off} \quad \mathcal{H}_R = \bigoplus_{\alpha'} \mathcal{H}_{\alpha'}$$

corse-graining

overwhelming majority \mathcal{H}_{eq} m_{eq}

$$d(\mathcal{H}_{\text{eq}})/d(\mathcal{H}_R) \approx 1$$

example
number
density
on left



left right

$$m_0$$

projection to \mathcal{H}_α'

$$\hat{P}_{\alpha'} = \sum_{\alpha \in [\alpha' \pm \delta]} |\alpha\rangle\langle\alpha|$$

*m*_{0.5}

huge subspace \mathcal{H}_{eq}

Macroscopic thermalization

Goldstein et.al. (2010, 2015)

Definition: if $\langle \psi | \hat{M} | \psi \rangle \approx m_{\text{eq}}$ or $\langle \psi | \hat{P}_{\text{eq}} | \psi \rangle \approx 1$
pure state $|\psi\rangle \in \mathbb{S}(\mathcal{H}_R)$ is thermal equilibrium

typical pure states $|\psi\rangle \in \mathbb{S}(\mathcal{H}_R)$ thermalize

$$\left[\langle \psi | \hat{P}_{\text{eq}} | \psi \rangle \right]_{\psi} = \frac{1}{d(\mathcal{H}_R)} \text{tr} \hat{P}_{\text{eq}} = \frac{d(\mathcal{H}_{\text{eq}})}{d(\mathcal{H}_R)} \approx 1$$

uniform average

means $\langle \psi | \hat{P}_{\text{eq}} | \psi \rangle \approx 1$ for almost $|\psi\rangle$

even for $|\psi\rangle = |n\rangle$

$$\text{tr} \hat{P}_{\text{eq}} = \sum_n \langle n | \hat{P}_{\text{eq}} | n \rangle \approx 1$$

If initially out of eq.

time average $\overline{\langle \psi_t | \hat{P}_{\text{eq}} | \psi_t \rangle} = \sum_n |c_n|^2 \langle n | \hat{P}_{\text{eq}} | n \rangle \approx 1$

$$\langle \psi_t | \hat{P}_{\text{eq}} | \psi_t \rangle \approx 1 \quad |\psi_t\rangle = \sum_n c_n e^{-E_n t} |n\rangle$$

thermalizes in long time limit $\frac{e^{i(E_n - E_{n'})t}}{e^{i(E_n - E_{n'})t}} = 0$

Macroscopic vs Microscopic

Goldstein et.al. (2015)

pure state $\hat{\rho}^\psi = |\psi\rangle\langle\psi|$
 $|\psi\rangle \in \mathbb{S}(\mathcal{H}_R)$

macroscopic but local \hat{M}_s
on system S

due to overwhelming majority

$$\text{tr} \left\{ \hat{M}_s \hat{\rho}^\psi \right\} \approx \text{tr} \left\{ \hat{M}_s \hat{\rho}^{\text{mc}} \right\} \approx m_{\text{eq}}^s \quad \text{for almost } \hat{\rho}^\psi$$
$$= \frac{\hat{P}_R}{d(\mathcal{H}_R)}$$

doesn't mean $\hat{\rho}^\psi \approx \hat{\rho}^{\text{mc}}$

if $\hat{\rho}_s^\psi = \text{tr}_B \hat{\rho}^\psi \approx \text{tr}_B \hat{\rho}^{\text{mc}}$

$$\text{tr} \left\{ \hat{M}_s \hat{\rho}^\psi \right\} = \text{tr}_s \left\{ \hat{M}_s (\text{tr}_B \hat{\rho}^\psi) \right\} \approx \text{tr} \left\{ \hat{M}_s \hat{\rho}^{\text{mc}} \right\} \approx m_{\text{eq}}^s$$

$\hat{\rho}_s^\psi \approx \text{tr}_B \hat{\rho}^{\text{mc}}$ means **microscopic thermalization**



Canonical typicality

Popescu et.al. (2006)

random $|\psi\rangle \in \mathbb{S}(\mathcal{H}_R)$ $d_R = \text{d}(\mathcal{H}_R)$ $d_s = \text{d}(\mathcal{H}_s)$ $d_B = \text{d}(\mathcal{H}_B)$

distance between $\hat{\rho}_s^\psi = \text{tr}_B \hat{\rho}^\psi$ and $\hat{\rho}_s^{\text{mc}} = \text{tr}_B \hat{\rho}^{\text{mc}}$

$$D(\hat{\rho}_s^\psi, \hat{\rho}_s^{\text{mc}}) = \frac{1}{2} \text{tr} \sqrt{(\hat{\rho}_s^\psi - \hat{\rho}_s^{\text{mc}})^2}$$

Levy's Lemma

fluctuation with $\epsilon \sim e^{-c\epsilon^2 d_R}$

$$[D(\hat{\rho}_s^\psi, \hat{\rho}_s^{\text{mc}})]_\psi \leq \frac{1}{2} \sqrt{d_s/d_B^{\text{eff}}} \leq \frac{1}{2} \sqrt{\underline{d_s^2}/d_R} \underset{\text{small}}{\sim} 0 \underset{\text{huge!}}{\sim} 0$$

effective dim. $d_\mu^{\text{eff}} = \frac{1}{\text{tr}(\hat{\rho}_\mu^{\text{mc}})^2}$ $d_R^{\text{eff}} = \frac{1}{\text{tr}(\hat{\rho}^{\text{mc}})^2} = d_R$

weak subadditivity of Rényi entropy $S_\alpha(\hat{\rho}) = \frac{1}{1-\alpha} \ln [\text{tr} \hat{\rho}^\alpha]$

$$S_\alpha(\hat{\rho}_A) - S_0(\hat{\rho}_B) \leq \underline{S_\alpha(\hat{\rho}_{AB})} \leq S_\alpha(\hat{\rho}_A) + S_0(\hat{\rho}_B)$$

A bath
 B system

$$d_R/d_s \leq d_B^{\text{eff}} \leftarrow \ln \frac{1}{\text{tr}(\hat{\rho}^{\text{mc}})^2} \leq \ln \frac{\text{rank}(\hat{\rho}_s^{\text{mc}})}{\text{tr}(\hat{\rho}_B^{\text{mc}})^2} \quad \text{rank}(\hat{\rho}_s^{\text{mc}}) \leq d_s$$

$\alpha = 2$

Canonical typicality

Goldstein et.al. (2006)

Canonical typicality

bath is not thermal $\hat{\rho}_B^\psi \not\approx \hat{\rho}_B^{\text{mc}}$

$\hat{\rho}_S^\psi = \text{tr}_B \hat{\rho}^\psi \approx \text{tr}_B \hat{\rho}^{\text{mc}}$ almost all pure states $d_R \gg 1$
small d_S

weak interaction limit $||\hat{H}_I|| \ll 1$

$$|\Phi\rangle = \sum_{ij} c_{ij} |S_i\rangle |B_j\rangle$$

energy eigenstates

$$|\psi\rangle = \frac{|\Phi\rangle}{\sqrt{\langle\Phi|\Phi\rangle}}$$

with normalization

gaussian random

$$c_{ij} \neq 0$$

$$\hat{H}_S \quad \hat{H}_B \\ E_i^S + E_j^B \in [E, E + \delta E]$$

partial trace

$$\text{tr}_B |\psi\rangle\langle\psi| = \frac{1}{\langle\Phi|\Phi\rangle} \sum_{ii'} \text{tr}_B |\Phi_i\rangle\langle\Phi_{i'}| \otimes |S_i\rangle\langle S_{i'}| \\ = \langle\Phi_i|\Phi_{i'}\rangle \approx \delta_{ii'} N_i$$

$$|\Phi_i\rangle = \sum_{j \in I_i} c_{ij} |B_j\rangle$$

$$E_i^S \quad \left. \begin{array}{c} E_j^B \\ \vdots \\ E_j^B \end{array} \right\} I_i$$

$$\text{overlap} \sim \sqrt{N_{ii'}} \quad E_{i'}^S \quad \left. \begin{array}{c} E_j^B \\ \vdots \\ E_j^B \end{array} \right\} I_{i'}$$

$$\approx \frac{1}{d_R} \sum_i N_i |S_i\rangle\langle S_i| = \text{tr}_B \hat{\rho}^{\text{mc}} = \text{tr}_B (1/d_R) \sum_{ij} |S_i\rangle\langle S_i| \otimes |B_j\rangle\langle B_j|$$

Equilibration

Linden et.al. (2009)

$$|\psi_0\rangle = |\phi_s\rangle \otimes |\phi_B\rangle$$

Although pure states are not thermal eq. initially,
almost $|\psi_t\rangle = \sum_n c_n e^{-E_n t} |n\rangle$ will be thermal in long time:
time averaged

$$\hat{\omega}^\psi = \overline{\hat{\rho}^{\psi_t}} = \sum_n |c_n|^2 |n\rangle\langle n| \text{ assuming nondegeneracy}$$

distance between $\hat{\rho}_s^{\psi_t}$ and $\hat{\omega}_s^\psi = \text{tr}_B \hat{\omega}^\psi$

$$D(\hat{\rho}_s^{\psi_t}, \hat{\omega}_s^\psi) = \frac{1}{2} \text{tr} \sqrt{\left(\hat{\rho}_s^{\psi_t} - \hat{\omega}_s^\psi \right)^2} \quad d^{\text{eff}}(\hat{\omega}_\mu^\psi) = \frac{1}{\text{tr}(\hat{\omega}_\mu^\psi)^2} \quad d^{\text{eff}}(\hat{\omega}^\psi) > d_R/4$$

$$\overline{D(\hat{\rho}_s^{\psi_t}, \hat{\omega}_s^\psi)} \leq \frac{1}{2} \sqrt{d_s / d^{\text{eff}}(\hat{\omega}_B^\psi)} \leq \frac{1}{2} \sqrt{d_s^2 / d^{\text{eff}}(\hat{\omega}^\psi)}$$

weak subadditivity
of Rényi entropy

small \rightarrow huge !

fluctuation with ϵ
 $\sim e^{-c' \epsilon^4 d^{\text{eff}}(\hat{\omega}^\psi)}$

Levy's Lemma

Therefore $\hat{\rho}_s^{\psi_t} \approx \hat{\omega}_s^\psi \approx \hat{\rho}_s^{\text{mc}}$ i.e. independent typicality

Eigenstate thermalization

Goldstein et.al. (2015)

hypothesis

atypical

A single eigenstate is thermal equilibrium?

recall macro thermalization

ETH !

$$\frac{1}{d_R} \text{tr } \hat{P}_{\text{eq}} = \frac{1}{d_R} \sum_n \langle n | \hat{P}_{\text{eq}} | n \rangle = \frac{d(\mathcal{H}_{\text{eq}})}{d_R} \approx 1 \rightarrow \langle n | \hat{P}_{\text{eq}} | n \rangle \approx 1$$

energy eigenstate $|n\rangle$

$$\langle n | \hat{M} | n \rangle \approx m_{\text{eq}}$$

overwhelming majority

Microscopic ETH

let $|\psi\rangle = |n\rangle$ $\text{tr}_B(\hat{\rho}^n = |n\rangle\langle n|)$

ETH means $\hat{\rho}_s^n \approx \hat{\rho}_s^{\text{mc}}$

numerically supported

ETH not always holds

Many body localization

e.x.) $\hat{H} = \sum_i h_i \hat{\sigma}_i^z + \sum_{ij} J_{ij} \hat{\sigma}_i \cdot \hat{\sigma}_j$

strong disorder

Nandkishore & Huse (2015)

$$J_{ij} \rightarrow 0 \quad |\psi\rangle = |\sigma_1^z\rangle \otimes |\sigma_2^z\rangle \otimes \dots$$

Macro vs Micro ETH

Goldstein et.al. (2015)

microscopic

Even though eigenstates with MBL do not thermalize,
macroscopic thermalization

$$\frac{1}{d_R} \text{tr } \hat{P}_{\text{eq}} = \frac{1}{d_R} \sum_n \langle n | \hat{P}_{\text{eq}} | n \rangle = \frac{d(\mathcal{H}_{\text{eq}})}{d_R} \approx 1 \rightarrow \langle n | \hat{P}_{\text{eq}} | n \rangle \approx 1$$

nothing to do with
destiny operator

system with MBL $\hat{H} = \sum_i h_i \hat{\sigma}_i^z + \sum_{ij} J_{ij} \hat{\sigma}_i \cdot \hat{\sigma}_j$ random h_i

$J_{ij} \rightarrow 0$ eigenstate has a form $|n\rangle = |\sigma_1^z\rangle \otimes |\sigma_2^z\rangle \otimes \dots \hat{\rho}_s^n \not\propto \hat{\rho}_s^{\text{mc}}$

measuring magnetization on S within energy shell

almost all $\langle n | \hat{M}_s | n \rangle \approx m_s^{\text{eq}}$ overwhelming majority

Macro th. eq. does not mean micro th. eq.

Entropy in a closed system

Hamiltonian system

Liouville theorem works

classical closed system

system entropy = Shannon entropy

$$H = - \sum_i p_i \ln p_i$$

"System entropy is invariant for time evolution"

quantum corresponding

von Neumann entropy

$$S(\hat{\rho}) = -\text{tr } \hat{\rho} \ln \hat{\rho}$$

for pure states $S(|\psi\rangle\langle\psi|) = 0$

entropy change in closed quantum system

$$\Delta S = S(\hat{\rho}_{t_2}) - S(\hat{\rho}_{t_1}) = 0 \quad \text{trivial!}$$

$$\hat{\rho}_{t_2} = \hat{U}(t_2; t_1) \hat{\rho}_{t_1} \hat{U}^\dagger(t_2; t_1) \quad \text{unitary evolution}$$

Subsystem decomposition

Esposito et.al. (2010); Sagawa (2014)

bipartite quantum system *general situation*

$$\hat{\rho}_{AB} \begin{bmatrix} A & \\ & \hat{\rho}_A \end{bmatrix} \begin{bmatrix} & B \\ \hat{\rho}_B & \end{bmatrix} \quad \hat{\rho}_A = \text{tr}_B \hat{\rho}_{AB}$$
$$= \hat{\rho}_B = \text{tr}_A \hat{\rho}_{AB}$$

initially, $\hat{\rho}_{AB}(0) = \hat{\rho}_A(0) \otimes \hat{\rho}_B(0)$ $S[\hat{\rho}(t)] = -\text{tr}[\hat{\rho}(t) \ln \hat{\rho}(t)]$

$$S[\hat{\rho}_{AB}(0)] = S[\hat{\rho}_A(0)] + S[\hat{\rho}_B(0)]$$

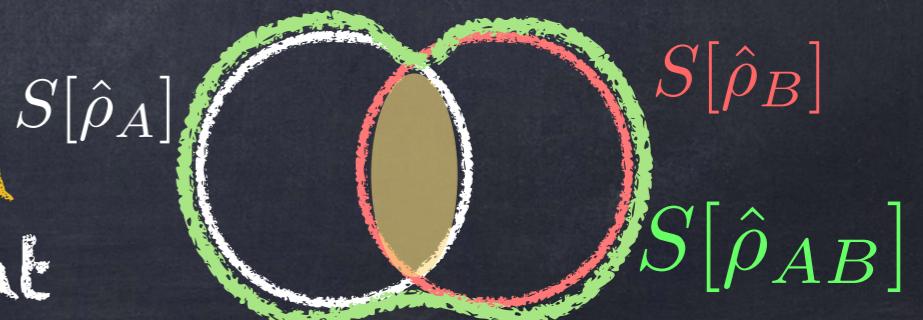
at time t $\hat{\rho}_{AB}(t) \neq \hat{\rho}_A(t) \otimes \hat{\rho}_B(t)$ \rightarrow not additive $S[\hat{\rho}_{AB}(t)]$

positive
entropy production

$$S[\hat{\rho}_A(t)] + S[\hat{\rho}_B(t)] - S[\hat{\rho}_{AB}(0)] = S[\hat{\rho}_A(t)] + S[\hat{\rho}_B(t)] - S[\hat{\rho}_{AB}(t)]$$

$$\Delta S_A + \Delta S_B = I_Q(t) \geq 0$$

quantum mutual information
pure state $\Delta S_A = \Delta S_B$ entanglement



Canonical heat bath

Esposito et.al. (2010); Sagawa (2014)

If initial bath $\hat{\rho}_B(0) = e^{-\beta \hat{H}_B} / Z_B$ $\hat{\rho}_{sB}(0) = \hat{\rho}_s(0) \otimes \hat{\rho}_B(0)$

$$S[\hat{\rho}(t)] = -\text{tr}[\hat{\rho}(t) \ln \hat{\rho}(t)]$$
$$-S[\hat{\rho}_{sB}(0)] = -S[\hat{\rho}_{sB}(t)]$$
$$-\left(S[\hat{\rho}_s(0)] + \beta \text{tr} [\hat{\rho}_B(0) \hat{H}_B] + \ln Z_B\right)$$
$$S[\hat{\rho}_s(t)] + \beta \text{tr} [\hat{\rho}_B(t) \hat{H}_B] + \ln Z_B$$

energy change in bath Q

quantum relative entropy

positive!

$$\Delta S_s + \beta Q = \text{tr} \left[\hat{\rho}_{sB}(t) \ln \frac{\hat{\rho}_{sB}(t)}{\hat{\rho}_s(t) \otimes \hat{\rho}_B(0)} \right] \geq 0$$

c.f.) general form initially product state

$$\Delta S_s + \Delta S_B = I_Q(s : B) \geq 0$$

entropy change in bath

quantum mutual info.

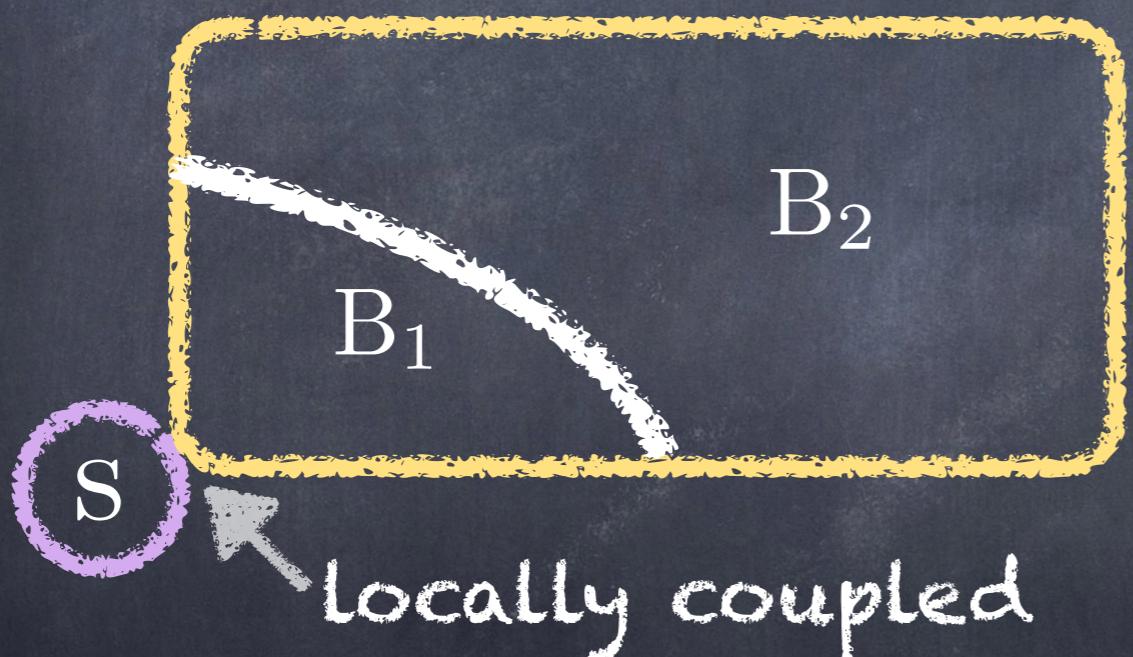
Pure state heat bath

Iyoda et.al. (2016)

If initial bath $\hat{\rho}_B(0) = |\phi_B\rangle\langle\phi_B|$ typical $d_B \gg 1$
 $\hat{\rho}_{sB}(0) = \hat{\rho}_s(0) \otimes \hat{\rho}_B(0)$

$\Delta S_s + \Delta S_B \geq 0$ ok!, but $\Delta S_s + \beta Q \geq 0$? yes

at the beginning



macroscopic
 $d_B \gg d_{B_1}$

$$\begin{aligned}\hat{\rho}_{B_1} &\approx \text{tr}_{B_2} \hat{\rho}_B^{\text{mc}} \\ &\approx e^{-\beta \hat{H}_{B_1}} / Z_{B_1}\end{aligned}$$

weak int. between B_1 & B_2

Effectively system feels canonical bath $e^{-\beta \hat{H}_{B_1}} / Z_{B_1}$

until it is aware of the reminder B_2
not thermal density op.

Summary

classical thermal $p = \frac{1}{\mathcal{N}(E)}$ energy shell
[$E, E + \delta E$] non-integrable

quantum “pure state” $\hat{\rho}^\psi = |\psi\rangle\langle\psi|$ & unitary evolution

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$$\hat{H}|n\rangle = E_n|n\rangle$$

Microscopic thermal
density operator

subsystem $\hat{\rho}_s^\psi = \text{tr}_B \hat{\rho}^\psi$

thermal $\hat{\rho}_s^\psi \approx \text{tr}_B \hat{\rho}^{\text{mc}}$

$$\hat{\rho}^{\text{mc}} = d(\mathcal{H})^{-1} \hat{P}_{\mathcal{H}}$$

canonical typicality $|\psi\rangle \in \mathbb{S}(\mathcal{H})$

eigenstate thermal. hypo.

$$\hat{\rho}_s^n \approx \hat{\rho}_s^{\text{mc}}$$

von Neumann entropy

$$\Delta S_s + \beta Q \geq 0$$