

Natural Low-Scale Inflation and the Relaxion

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JLE, Gherghetta, Nagata, Thomas arXiv:1602.04812

JLE, Gherghetta, Nagata, Peloso arXiv:1608.xxxxx

Outline

Naturalness

Relaxion Models

Natural Low-Scale Inflation

Naturalness Problem

- ▶ QFT: Radiative corrections generate mass
 - Quantum Gravity \rightarrow all masses of order M_P
- ▶ Fermion masses composed left and right handed fields
 - $Q(\psi_L) \neq Q(\psi_R)$ forbids mass term
 - m_f order parameter of chiral symmetry breaking
 - All mass corrections proportional to m_f
 - $m_f/M_P \ll 1$ technically natural
- ▶ Scalar masses built of single field
 - Only shift symmetry can forbid mass term
Shift symmetry \rightarrow Nambu-Goldstone
 - Symmetry relating bosons and fermions
Chiral symmetry protects boson as well
 - Dynamically selected mass

Dynamical Relaxation

- ▶ Two distinct contributions to Higgs mass
 - M^2 : All radiative corrections plus tree-level piece
 - $g\phi$: scalar which couples to the Higgs
- ▶ $g\phi = M^2$ special dynamically
 - $g\phi > M^2 \rightarrow \langle H \rangle = 0$
 - $g\phi < M^2 \rightarrow \langle H \rangle \neq 0$
- ▶ Dynamical selection of Higgs mass
 - $\phi > M^2/g$ for IC to be natural
 - Shift symmetry breaking \rightarrow slowly relax back to minimum
 - $\phi < M^2/g, \langle H \rangle \rightarrow$ growing $m_\phi^2(\langle H \rangle)$ (Axion mass)

$$\mathcal{L} \supset (-M^2 + g\phi) |H|^2 + \frac{1}{2}(g\phi)^2 + 2y\langle H \rangle \langle \bar{q}_L q_R \rangle \cos\left(\frac{\phi}{f}\right)$$

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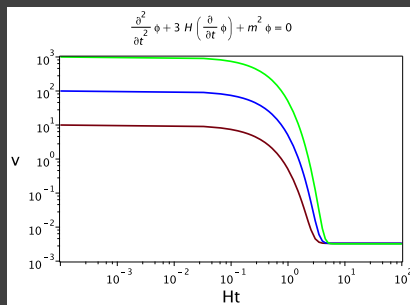
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Insensitivity to Initial Conditions

- ▶ $\langle H \rangle$ sensitive to ϕ 's approach to $m_H^2 = 0$
 - ϕ must stop with $(-M^2 + g\phi)/M^2 \ll 1$
- ▶ Hubble friction makes approach to $m_H^2 = 0$ similar
 - $\dot{\phi} \simeq v_{term}$ (Independent of IC)
 - Slow $v_{term} \rightarrow (-M^2 + g\phi)/M^2 \ll 1$ ($\phi \sim M^2/g$)



CP Violation

- ▶ Axion relaxion has $\theta_{QCD} \sim 1$

$$\frac{\partial V}{\partial \phi} = gM^2 + \frac{m_\pi^2 \langle \langle H \rangle \rangle f_\pi^2}{f} \sin\left(\frac{\phi}{f}\right) + \dots \sim 0$$

- Non-QCD axion can have $\theta \sim 1$
- Radiative corrections require $f \sim v$

$$\mathcal{L} \supset \left(m_N + \lambda \frac{|H|^2}{M_L}\right) NN^c \rightarrow \left(m_N + \lambda \frac{|H|^2}{M_L}\right) \Lambda^3 \cos\left(\frac{\phi}{f}\right)$$

- ▶ θ still can have consequences

$$m_\phi \sim v \left(\frac{\Lambda^3}{M_L f^2}\right)^{1/2} \lesssim 4\pi v \left(\frac{v}{f}\right) \quad \theta_{\phi h} \sim \frac{m_\phi^2}{m_h^2 - m_\phi^2} \frac{f}{v} \sin \theta$$

- $\theta_{h\phi} \rightarrow$ CP violation in MSSM (EDM)
- Two field models have $\theta \simeq 0$

Supersymmetric Axion Relaxion

- ▶ Shift/SUSY symmetry breaking in superpotential

$$\frac{1}{2}(g\phi)^2 \quad \rightarrow \quad W \supset \frac{m}{2} S^2 \quad \& \quad V = |F_S|^2 = \frac{1}{2}|m_S a|^2 \neq 0$$

Batell, Giudice, and McCullough

- ▶ SUSY breaking generates relaxion dependent Higgs soft masses

$$g\phi|H|^2 \quad \rightarrow \quad \frac{|F_S|^2}{M^{*2}} |H_{u,d}|^2 = \frac{m^2 a^2}{M^{*2}} |H_{u,d}|^2$$

- ▶ Supersymmetric Higgs mass sets natural relaxion scale

$$-M^2|H|^2 \quad \rightarrow \quad W = \mu_0 H_u H_d$$

- ▶ Instanton potential from gauge kinetic function

$$\frac{\phi}{32\pi f_\phi} G^{a\mu\nu} G_{\mu\nu}^a \quad \rightarrow \quad \int d\theta^2 c_a \frac{S}{16\pi^2 f_\phi} \text{Tr}(W_a W_a) + \text{h.c.} \supset$$

Two-Field Supersymmetric Relaxion Model

- ▶ Explicit breaking of shift symmetry

$$W_{S,T} = \frac{m_S}{2} S^2 + \frac{m_T}{2} T^2$$

- ▶ $N\bar{N}$ confine giving Higgs dependent back reaction

$$W_N = \left(m_N + ig_S S + ig_T T + \frac{\lambda}{M_L} H_u H_d \right) N\bar{N}$$

- ▶ Two-field relaxion evolution potential

$$V_{\phi,\sigma}(\phi, \sigma, H_u H_d) = \frac{1}{2} |m_S|^2 \phi^2 + \frac{1}{2} |m_T|^2 \sigma^2 + \mathcal{A}(\phi, \sigma, H_u H_d) \Lambda_N^3 \cos\left(\frac{\phi}{f_\phi}\right)$$

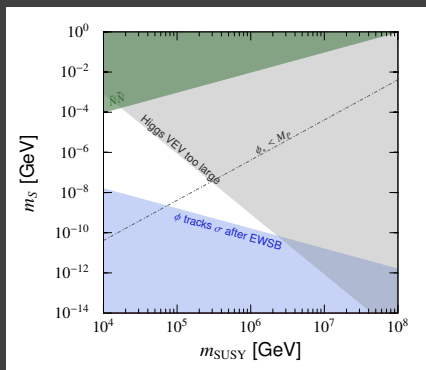
- ▶ Relaxion dependent Higgs mass

$$m_{H_{u,d}}^2 = c_{u,d} \frac{m^2 a^2}{f^2} \quad \mu = \mu_0 - c_\mu \frac{ma}{f} \quad B_\mu = c_0 \mu \frac{ma}{f} + c_B \frac{m^2 a^2}{f^2}$$

$$\text{Det}(M_H^2) = \left(m_{H_u}^2 + |\mu|^2 \right) \left(m_{H_d}^2 + |\mu|^2 \right) - |B_\mu|^2$$

Constraint Summary

▶ $\zeta = 10^{-8}$ $r_{TS} = 0.1$ $r_\Lambda = 1$ $r_{\text{SUSY}} = 1$.



Parameters

$$g_S = \zeta \frac{m_S}{f_\phi} \quad g_T = \zeta \frac{m_T}{f_\sigma}$$

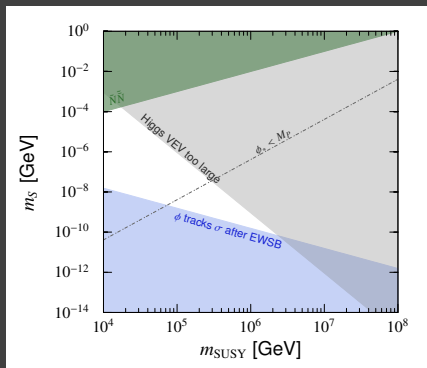
$$f \equiv f_\phi = f_\sigma \quad r_{TS} \equiv \frac{m_T}{m_S}$$

$$r_\Lambda \equiv \frac{\Lambda_N}{f} \quad r_{\text{SUSY}} \equiv \frac{m_{\text{SUSY}}}{f}$$

$$M_L = m_{\text{SUSY}},$$

Constraint Summary

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▶ Barrier too small to stop ϕ

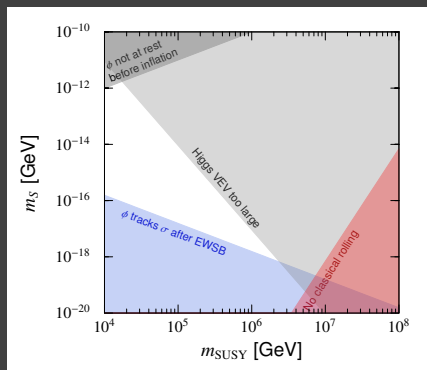
$$V' = \frac{m^2}{2} \phi + \frac{\lambda v^2 \sin(2\beta) \Lambda_N^3}{4M_L f} \neq 0$$

▶ A changes too slowly with v

$$\frac{\partial A}{\partial t} \simeq \frac{\partial A}{\partial v} \frac{\partial v}{\partial t}$$

Constraint Summary

► $\zeta = 10^{-8}$ $r_{TS} = 0.1$ $r_{\Lambda} = 10^{-4}$ $r_{\text{SUSY}} = 10^{-4}$.



► Parameters

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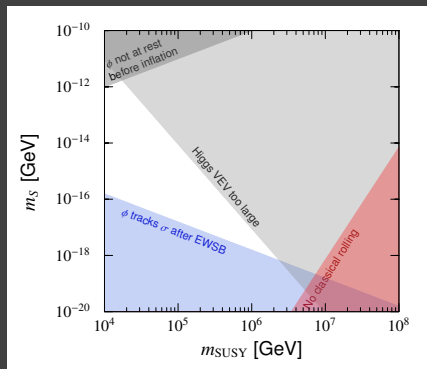
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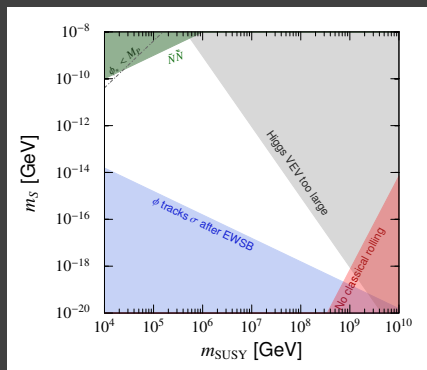


▶ Quantum spread of σ

$$\frac{\dot{\sigma}}{H_I} > H_I$$

Constraint Summary

► $\zeta = 10^{-14}$ $r_{TS} = 0.1$ $r_\Lambda = 1$ $r_{\text{SUSY}} = 1$.



► Parameters

$$g_S = \zeta \frac{m_S}{f_\phi} \quad g_T = \zeta \frac{m_T}{f_\sigma}$$

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Inflation for Relaxions

▶ Axion+SM

- Classical rolling beats quantum spreading

$$H_I < (gM^2)^{1/3} \simeq \left(\frac{m_\pi^2 f_\pi^2}{f} \right)^{1/3} = 6 \times 10^{-5} \text{ GeV} \left(\frac{10^9 \text{ GeV}}{f} \right)^{1/3}$$

▶ Axion +SUSY

- Classical rolling beats quantum spreading

$$H_I < (m\mu_0 f)^{1/3} \simeq \Lambda_{QCD} \left(\frac{\Lambda_{QCD}}{f} \right)^{1/3} = 2 \times 10^{-4} \text{ GeV} \left(\frac{10^9 \text{ GeV}}{f} \right)^{1/3}$$

▶ Two Field +SUSY

- Classical rolling beats quantum spreading

$$H_I < (mm_{SUSY} f_\phi)^{1/3} \simeq v \left(\frac{v}{f_\phi} \right)^{1/3} = 33 \text{ GeV} \left(\frac{10^9 \text{ GeV}}{f} \right)^{1/3}$$

Low-Scale Natural Inflation

- ▶ Power Spectrum

$$(P_S)^{1/2} = \frac{1}{2\pi} \frac{H}{M_P} \frac{1}{\sqrt{2\epsilon}} \simeq 5 \times 10^{-5}$$

- ▶ Difficulties of low scale inflation

$$\epsilon = 8.6 \times 10^{-27} \left(\frac{H}{100 \text{ GeV}} \right)^2$$

- ▶ Potential must be very flat

$$\epsilon = \frac{M_P^2}{2} \left(\frac{V_\phi}{V} \right)^2 \quad \eta = M_P^2 \frac{V_{\phi\phi}}{V}.$$

D-term Inflation

- ▶ Inflaton couples directly to $U(1)$ charged particles

$$\Delta W = \kappa T \phi_+ \phi_-$$

- ▶ D-term with FI term

$$V_D = \frac{g^2}{2} [|\phi_+| - |\phi_-| - \xi]^2$$

- ▶ Tree-level potential perfectly flat

$$|\kappa T| > \sqrt{g^2 \xi}$$

- ▶ $U(1)$ breaking ends inflation

$$\phi_+ = \xi \quad F_i = 0$$

Coleman-Weinberg Potential

- ▶ One-loop potential for $|\kappa T| > \sqrt{g\xi}$

$$V = \frac{g^2 \xi^2}{2} \left(1 + \frac{g^2}{8\pi^2} \ln \left[\frac{|\kappa T|^2}{Q^2} \right] \right)$$

- ▶ Slow-roll parameters

$$\epsilon = \frac{g^4}{32\pi^4} \left(\frac{M_P}{\phi} \right)^2 \qquad \eta = -\frac{g^2}{4\pi^2} \left(\frac{M_P}{\phi} \right)^2$$

The Generation of the CMB

- ▶ CMB determined in the final 30ish e-folds

$$N_{CMB} = \int H dt = \int \frac{d\phi}{\sqrt{2\epsilon}} \quad \rightarrow \quad \phi_*^2 = \frac{g^2}{2\pi^2} M_P^2 N_{CMB}$$

- ▶ The slow-roll parameters of the CMB

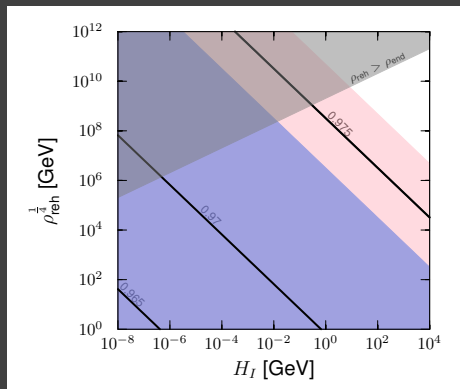
$$\epsilon = \frac{g^2}{16\pi^2} \frac{1}{N_{CMB}} \quad \leftarrow \quad \eta = -\frac{1}{2N_{CMB}}$$

- ▶ For small g , ϵ small enough

$$P_s^{1/2} = 5 \times 10^{-5} \left(\frac{N_{CMB}}{36} \right) \left(\frac{H_I}{100 \text{ GeV}} \right) \left(\frac{6.8 \times 10^{-12}}{g} \right)$$

The Spectral Tilt

- ▶ Reduced N_{CMB} puts n_s in $1 - \sigma$ lines



- Spectral tilt

$$n_s - 1 = 2\eta = -0.02 \left(\frac{50}{N_{CMB}} \right)$$

- Number of e-folds

$$N_{CMB} = 35.8 + \frac{1}{3} \ln \left(\frac{H_I}{1 \text{ GeV}} \right) + \frac{1}{3} \ln \left(\frac{\rho_{reh}^{1/4}}{1 \text{ TeV}} \right)$$

Cosmic Strings

- ▶ $U(1)$ breaking after inflation leads to topological strings
 - Vacuum manifold S^1
 - Loops are non-contractible
 - String tension large \rightarrow effect in CMB ($\mu = 2\pi\beta\langle\phi_+\rangle^2$)

$$\langle\phi_+\rangle^2 = \xi \sim \left(10^{16} \text{ GeV}\right)^2$$

- ▶ $U(1)$ must be broken before inflation
 - Inflation inflates away cosmic strings
- ▶ Dynamical D-terms generate FI-term
 - Additional $U(1)$ breaking generates FI term
 - $\sqrt{\xi} \ll M_P$ more natural
 - Superpotential interactions tie two sectors together

Inflaton as the Second Field

- ▶ The inflaton can play the roll of the amplitudon

$$W_{S,T} = \frac{m_S}{2} S^2 + \frac{m_T}{2} T^2 \quad W_{inf} = \kappa T \phi_+ \phi_-$$

- ▶ Inflation and relaxation happen at very different field values

$$\sigma_{CMB} = 2.3 \times 10^5 \text{ GeV} \left(\frac{H}{1 \text{ GeV}} \right) \quad \sigma_* = 10^{16} \text{ GeV} \left(\frac{m_{SUSY}}{10^5 \text{ GeV}} \right)^2 \left(\frac{1}{r_{SUSY}} \right) \left(\frac{10^{-6} \text{ GeV}}{m_S} \right)$$

- ▶ D-term and relaxion have very different energies

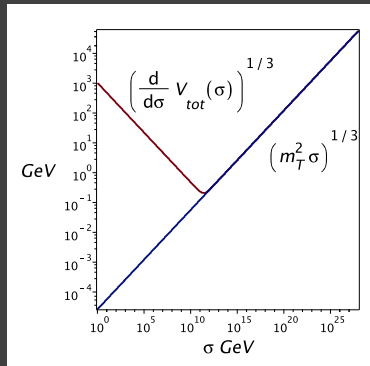
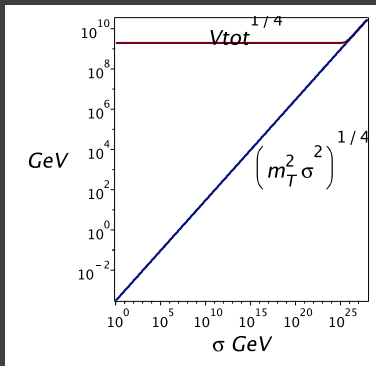
$$\sqrt{g\xi} = 2.3 \times 10^9 \text{ GeV} \left(\frac{H}{1 \text{ GeV}} \right)^{1/2} \quad \sqrt{m_T \sigma^*} = 10^5 \text{ GeV} \left(\frac{m_{SUSY}}{10^5 \text{ GeV}} \right) \left(\frac{1}{r_{SUSY}} \right)$$

Energy and Rolling Dominance

- ▶ ξ Dominates energy for small σ values
- ▶ $m_T^2 \sigma$ dominates slope only for large σ

$$H = 1 \text{ GeV} \quad m_S = 10^{-6} \text{ GeV}$$

$$\sigma_{CMB} = 2.3 \times 10^5 \text{ GeV} \quad \sigma_* = 10^{16} \text{ GeV}$$

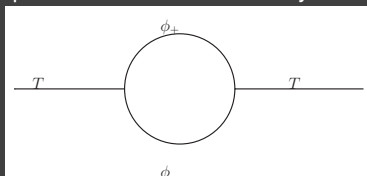


Shift Symmetry Breaking of Inflaton Sector

- ▶ Inflaton has relatively large shift symmetry breaking

$$W = \kappa T \phi_+ \phi_- \quad \kappa \gtrsim 10^{-2}$$

- ▶ Loop correction transmit shift symmetry breaking to Kähler



$$K \supset \frac{|\kappa|^2}{16\pi^2} |T|^2$$

- ▶ SUGRA corrections to scalar potential generate mass for T

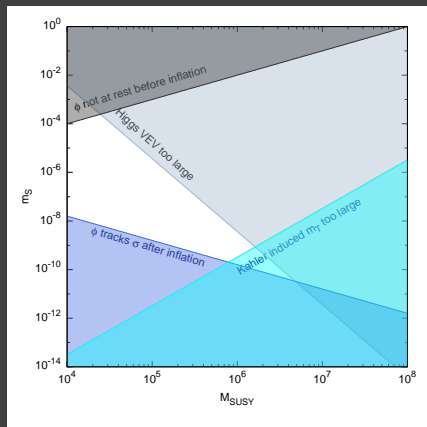
$$V \supset e^{\frac{K}{M_P}} |F_S|^2 + \dots \quad \rightarrow \quad V \supset \frac{|\kappa|^2}{16\pi^2} \frac{|F_S|^2}{M_P^2} |T|^2$$

- ▶ Kähler corrections give lower bound on m_T

$$m_T \gtrsim \frac{\kappa}{4\pi} \frac{|F_S|}{M_P} = \frac{\kappa}{4\pi} \frac{m_{SUSY} f}{M_P}$$

Constraint Summary

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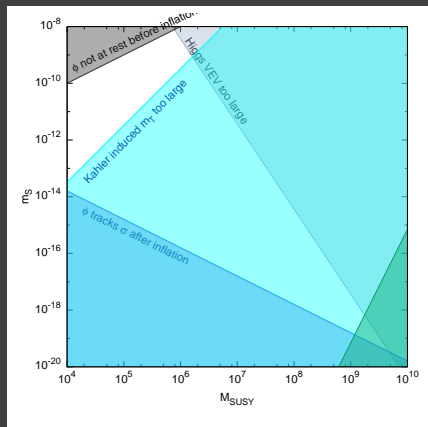
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Conclusions

- ▶ Dynamical relaxion gives new handle on naturalness
- ▶ Relaxion naturalness scale $\ll M_P$
 - Supersymmetry can UV complete naturalness
- ▶ Inflation scale very low $H \lesssim v$
- ▶ D-term inflation accommodates very low-scale inflation
 - $g \ll 1$ technically natural
- ▶ SUSY two field method
 - Inflaton can be identified as amplitudon

Reheating for $SU(2) \times U(1)$ Model

- ▶ Inflaton decays to $\tilde{\phi}_+ \tilde{\phi}_-$ kinematically forbidden
- ▶ Inflaton heavy after inflation

$$|m_\tau|^2 = \xi \sim 10^{16} \text{ GeV}$$

- ▶ Couple right-handed neutrinos to inflaton to reheat to SM

$$\Delta W = \frac{\kappa_{ij}}{T} N_i N_j + \frac{M_{ij}}{2} N_i N_j$$

- ▶ $\Gamma_H \gg H \rightarrow$ instantaneous reheating
 - $\kappa_{ij} \ll 1$ reheat could be lower

$$\rho_{reh}^{1/4} = \frac{1}{2^{1/4}} \sqrt{\xi}$$

Inflationary Constraints: Continued

- ▶ Classical rolling dominates ϕ, σ evolution ($g_S \phi^* \sim -g_T \sigma^*$)

$$\frac{|\dot{\sigma}|}{H_I} \ll H_I \rightarrow H_I^3 \ll \frac{g_S |m_T|^2 f_\phi m_{SUSY}}{|g_T| |m_S|}$$

- ▶ Stopping condition on relaxion

$$\frac{\lambda v^2 \Lambda^3}{f M_L} \sim m_S^2 \phi^* = m_S m_{SUSY} f \rightarrow m_S = \frac{\lambda v^2 \Lambda^2}{f^2 m_{SUSY}}$$

- ▶ ϕ must roll sufficiently long to be natural

$$\phi_* \sim 10^{17} \text{ GeV} \times \left(\frac{m_{SUSY}}{10^5 \text{ GeV}} \right) \left(\frac{f_\phi}{10^5 \text{ GeV}} \right) \left(\frac{10^{-7} \text{ GeV}}{m_S} \right)$$

- ▶ Number e-folds constrained

$$N_e \simeq \frac{H_I \Delta \phi}{\left| \frac{d\phi}{dt} \right|} \simeq \frac{3H_I^2 \Delta \phi}{\left| \frac{\partial V}{\partial \phi} \right|} \gtrsim \frac{H_I^2}{|m_S|^2} = 10^{14} \times \left(\frac{H_I}{1 \text{ GeV}} \right)^2 \left(\frac{10^{-7} \text{ GeV}}{|m_S|} \right)^2$$

SUGRA and the Relaxion

- ▶ Planck suppressed corrections to potential

$$V = e^{K/M_P^2} \left(D^i W D_i W - 3 \frac{|W|^2}{M_P^2} \right)$$

- ▶ For $\sigma, \phi > M_P$ the $|W|^2$ term dominates
- ▶ Relaxion process along $(m_S \phi^2)^2 / M_P^2$ which does work
- ▶ Larger sequestered no-scale SUSY breaking

$$V = e^{K/M_P^2} \left(W^{*i} W_i + \frac{1}{M_P^2} (W^{*i} K_i W + \text{h.c.}) + (K^i K_i - 3M_P^2) \frac{|W|^2}{M_P^4} \right).$$

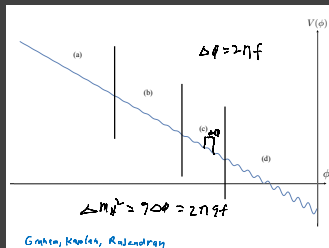
- ▶ Exact no-scale means $K^i K_i = 3M_P^2$.
 - Break no scale a little bit
 - Corrections to Flat SUSY small

Stopping of the relaxion

- ▶ Barrier beyond classical stopping point very small (See Picture)

$$\Lambda^4 \sim \langle \bar{q}_L q_R \rangle v \quad v \sim |m_H| \sim gf \sim \frac{\Lambda^4}{M^2} \ll m_W^2$$

- ▶ Higgs masses roughly the same for adjacent minimum
- ▶ Small barrier $\rightarrow \phi$ spread over many periods all with $v \sim m_W$



- ▶ ϕ make jumps order H
 - Walks ϕ to stable minimum
 - Barrier large, jumps cease
- ▶ Inflation \rightarrow patches $\mathcal{O}(1/H_0)$

UV Completion: Clockwork Axion

- ▶ $N + 1$ U(1) with explicit breaking to a single U(1)

Choi, Hui Im; Kaplan, Ratazzi

$$W_{\text{UV}} = \sum_{i=0}^N \lambda_i \mathcal{S}_i \left(\phi_i \bar{\phi}_i - f_i^2 \right) + \epsilon \sum_{i=0}^{N-1} \left(\bar{\phi}_i \phi_{i+1}^2 + \phi_i \bar{\phi}_{i+1}^2 \right)$$

- ▶ Parameterize light superfield

$$\phi_i = f_i e^{\frac{\pi_i}{f_i}}, \quad \bar{\phi}_i = f_i e^{-\frac{\pi_i}{f_i}}$$

- ▶ Effective superpotential

$$W_{\text{eff}} = 2\epsilon \sum_{i=0}^{N-1} f_i f_{i+1}^2 \cosh \left[\frac{\pi_i}{f_i} - \frac{2\pi_{i+1}}{f_{i+1}} \right]$$

- ▶ Massless mode, S , corresponding to remaining U(1)

$$S = c_N \sum_{i=0}^N \frac{f_i}{2^i f_0} \pi_i,$$

UV Completion: Continued

- ▶ Couple ϕ_0 to SU(N) charged field

$$W \supset \phi_0 \bar{Q} Q \quad \rightarrow \quad c_a \frac{S}{16\pi^2 f_\phi} \text{Tr}(W_a W_a)$$

- ▶ When $N\bar{N}$ condense generates relaxion potential
- ▶ Soft masses from coupling ϕ_N to additional SU(N)

$$V_N \sim \tilde{\Lambda}_N^4 \cos\left(\frac{\phi}{2^N f_0}\right) \supset \tilde{\Lambda}^4 \frac{\phi^2}{2^{N+1} f_0}$$

- ▶ g 's generated from coupling in Kähler

$$i \frac{\kappa}{\tilde{M}_N^2} \int d^4\theta N\bar{N} \Xi^* \Xi^* + \text{h.c.} \simeq i \frac{\kappa}{\tilde{M}_N^2} \int d^2\theta \tilde{\Lambda}_N^3 e^{\frac{\sigma_N}{f_N}} N\bar{N} + \text{h.c.} \simeq \int d^2\theta \frac{i\kappa \tilde{\Lambda}_N^3}{f_\phi 2^N \tilde{M}_N^2} S N\bar{N} + \text{h.c.}$$